

# Games Continued...

## JULY

**Reading:** 1 Corinthians 9:24-27 CEV

You know that many runners enter a race, and only one of them wins the prize. So run to win! **Athletes work hard to win a crown that cannot last, but we do it for a crown that will last forever.** I don't run without a goal. And I don't box by beating my fists in the air. I keep my body under control and make it my slave, so I won't lose out after telling the good news to others.

**Activity:** Corinthian Control

Who has the most balance, endurance and control? Gather participants together to play a game of Twister. The last person standing only wins if they can recite this week's memory verse.

**Tip:** If you don't have Twister, make your own with paint or construction paper circles on a drop cloth. Visit [delineateyourdwelling.com/make-customized-diy-twister-game/](http://delineateyourdwelling.com/make-customized-diy-twister-game/) for other tips.

## AUGUST

**Reading:** Hebrews 12:1

**Such a large crowd of witnesses is all around us! So we must get rid of everything that slows us down, especially the sin that just won't let go. And we must be determined to run the race that is ahead of us.**

**Activity:** Hebrews Shake Down

Have each participant write the words "especially the sin that just won't let go" on sticky notes, one word per each sticky note. (Older kids or parents should assist early writers). Participants should place each of the 8 sticky notes somewhere on their body. When a parent says "Go!" each participant should jump around and shake their limbs until each of the 8 sticky notes falls off. First to "shake off all of their sin" is the winner.

**\*Note:** The winner of each month's activity is awarded with the Olympic Scripture Games Mission Medal received in your summer shipment.

# KINDA SECRET

## MILITARY FAMILY MISSION

# HEROSQUAD

# MISSION MANUAL

ISSUED FOR  
SUMMER MISSION

Memory  
Verse  
Challenge

Memorize the highlighted verses. Who will be first to commit these verses to memory?

# Summer Strength Training

## Activity Instructions

**Step 1:** As a family, read the Scripture for each respective summer month (bottom of page 2 and back) and “Striving for the Prize” (below).

**Step 2:** Discuss Scripture, together as a family, using the Family Discussion Questions (right) to learn how to apply it to your lives.

**Step 3:** Take the Memory Verse Challenge each month by committing the highlighted Scripture to memory and complete the *Olympic Scripture Game* family activity for each respective summer month as a reminder to build strength and endurance through God’s Word.

## Striving for the Prize

Think about what it takes to be an Olympic athlete. Olympians don’t wake up one day and qualify for the games through their natural ability. They dedicate their lives to growing in strength, speed, precision, and endurance. They consider diet, nutrition, and sleep, to help optimize their performance. If something stands in the way of their goal, they regroup, adjust, and keep moving toward the gold medal.

Our Christian faith is no different. In the New Testament, it is repeatedly described as a race. Our gold medal is the free gift of eternity in God through faith in Jesus. Sharing this Good News with others is part of our mission. We achieve this goal by dedicating our lives to growing more like Christ. We feed ourselves

spiritual nourishment from the Bible, attend church, and surround ourselves with other Christians who can help us grow. We shake off the sins that hold us back from becoming who God intends us to be, and we keep moving toward the prize.

We can only become Christ-like if we make a daily effort to know Him better. There will be set-backs and some days will be discouraging, but like the greatest Olympic runner, each new day is an opportunity to learn endurance and run fast right back toward Jesus.

Think about some practical steps you can take each day to move one step closer to becoming a little more like Jesus every day.

## Family Discussion Questions

### Eagle Squad

- How does it feel to win a race?
- How do you want to be more like Jesus?

### JV Squad

- In the race towards growing more like Jesus, in what way have you seen the most growth in yourself and in what areas are there opportunities for growth?
- What are some daily practices that you can commit to which will help you to grow to be more like Jesus?

### Varsity Squad

- In what ways does sin slow down your growth in becoming more like Jesus?
- What are the barriers to sharing your faith with your peers?



## Don’t Forget!

Have you checked out our **Digital Resource Library** yet? Just scan the QR code with your phone to access it. There you will find all of our Hero Squad children’s devotionals and family activities available for download. Check it out today for Bible-based fun on the go!



## Olympic Scripture Games

### JUNE

**Reading:** Philippians 3:12–14 (CEV)

I have not yet reached my goal, and I am not perfect. But Christ has taken hold of me. So I keep on running and struggling to take hold of the prize.

**My friends, I don’t feel I have already arrived. But I forget what is behind, and I struggle for what is ahead.** I run

toward the goal, so I can win the prize of being called to heaven. This is the prize God offers because of what Christ Jesus has done.

**Activity:** Philippians Phlash

Line-up on a starting line. Designate one parent as the Philippians Guard at a finish line about 50 yards away from start. Participants race to the finish, *but* the real winner is the first to correctly recite the month’s memory verse to the Philippians Guard. It’s anyone’s game!

*Continue on Back*