

Scripture Reading

Ephesians 5:15–16

“Act like people with good sense and not like fools. These are evil times, **so make every minute count.**”

Memory
Verse
Challenge

Memorize the highlighted verses. *Who will be first to commit these verses to memory?*

Make the Most of Summer with God *continued...*

4. Appreciate Each Moment: The days may feel long, and the summers might seem like they go by too quickly. For those with spouses deployed or away, it's easy to feel disconnected. But Ephesians 5:16 reminds us that “these are evil times.” There will always be pressures and challenges, but we can choose to use each moment, each opportunity, to do something good (and that includes rest!).

No matter what season you're in, God has given you today—**this moment**—to appreciate, to love, to serve, and to make memories.

KINDA SECRET

MILITARY FAMILY MISSION

★ **HEROSQUAD**

MISSION MANUAL

ISSUED FOR
SUMMER MISSION
Summertime

Activity Instructions

Step 1: As a family, read this quarter's Scripture (back) and "Making the Most of Summer with God. (below).

Step 2: Discuss the Scripture using the Family Discussion Questions (right) to learn how to apply it to your lives.

Step 3: Take the Memory Verse Challenge and complete the *Summertime* activity as a family.!

Make the Most of Summer with God

Summer is often a time of rest, rejuvenation, and time spent with loved ones. For military families, this season can feel a bit different—perhaps marked by deployments and unpredictable schedules. Whether together or apart, military families are familiar with the challenge of balancing time—especially when it's limited.

In Ephesians 5:15–16, Paul encourages believers to be wise with how they live by making the best use of the time they have. Most deployments don't qualify as "evil times" but summer can still feel fleeting. The reality of change and uncertainty and the challenge of being apart means we must use the time we do have with intention and purpose.

1. Live with Wisdom: This summer, we are called to live with wisdom. This will look different depending on your situation. Maybe you're preparing for a deployment, transitioning to a new base, or making the most of a brief leave. Even in the hustle of military life, we can live wisely by focusing on

our goals for growth, refreshment, and connection and being thoughtful about how we spend our time (such as how much time we spend scrolling our lives away).

2. Make Time for God: Life—and especially military life—often means juggling responsibilities, but don't let busyness steal your time with God. A few quiet moments with the Bible in the morning, a family devotional after dinner, or some quiet prayer during your walk—this is the foundation of wisdom. Staying rooted in God helps us grow as he guides us through challenging moments and fills us with peace in any uncertainty.

3. Seize Opportunities to Serve and Connect: Making the most of your time includes service to others. Military families are usually separated from family and community support, so you have a unique opportunity to serve a neighbor or another family in need, or find connection yourself by participating in local events. Even small acts now can leave a lasting impact. (*Continued on back...*)

Family Discussion Questions

Eagle Squad

- How can we spend time with God this summer?
- What is something we can do today that will make God happy?

JV Squad

- What does it mean to be wise with your time?
- In what ways can we enjoy the present moment, even if things are hard or unsettled?

Varsity Squad

- How can we "make every minute count" this summer?
- Ephesians 5:16 says "these are evil times." There will always be challenges in life and always a need to be thoughtful about how we respond. How can you keep a positive attitude and stay focused on God's purpose for your life, even during tough times?



Don't Forget!

Have you checked out our **Digital Resource Library** yet? Just scan the QR code with your phone to access it.

There you will find all of our Hero Squad children's devotionals and family activities available for download. Check it out today for Bible-based fun on the go!





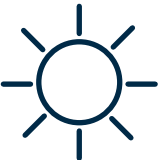


Summertime Activity

INSTRUCTIONS:

- 1. As a family, sit down and discuss how you would like to spend your summer with God.
- 2. Using the key, draw emoji images on the hours of your clock with markers to represent how you plan to use your time. Activities that you plan to do often should appear in several areas on your clocks.
- 3. Color, cut out, and place your clock on your refrigerator as a reminder of your family commitments to spend time with and serve God. While they last, also put on your candy watch bracelets as an added sweet reminder.

BONUS: Make it into a game! When your kids are bored or struggling to find activities to do this summer, grab a dice, roll it on your clock and do whatever activity the dice lands on for the number of minutes rolled on the dice!

KEY	
READ BIBLE	
PRAY	
HELP OTHERS	
FAMILY TIME	
OUTDOOR FUN	
NEW LEARNING	