

# Scripture Reading

## 1 Thessalonians 5:11–13 CEV

This is why you must encourage and help each other, just as you are already doing. My friends, we ask you to be thoughtful of your leaders who work hard and tell you how to live for the Lord. Show them great respect and love because of their work. Try to get along with each other.

Memory Verse Challenge

Memorize the highlighted verses. Who will be first to commit these verses to memory?

## Encourage and Be Encouraged Activity

1. Do you have a family member currently or soon to be serving away from home? Let us know when and how we can be praying for you as a community at the QR code below. Then, tune in on Facebook (@herosquadasm) and Instagram (@herosquad\_asm), where we will feature your prayer requests (don't worry, we'll keep them completely anonymous).



2. If your family is currently at home and in tact, it's your time to shine and encourage! Spend some time together as a family to consider a word of encouragement for your peers. As you see family prayer requests featured on our Facebook and Instagram pages this quarter, leave your prayers and encouraging words for them as a comment and see what a gift our community can be during difficult seasons.

3. **BONUS:** Have your kids write a letter of encouragement to a peer with a parent serving away from home, and don't forget to have them add drawings or stickers. Post a picture of it, tag us on Facebook or Instagram, and we'll mail your kids a spring gift to affirm their encouraging ways!

**KINDA SECRET**  
MILITARY FAMILY MISSION

**HEROSQUAD**

**MISSION  
MANUAL**

ISSUED FOR  
SPRING MISSION  
Encourage One Another

## Activity Instructions

**Step 1:** As a family, read this quarter's Scripture passages (back) and "Building One Another Up" (below).

**Step 2:** Use the Family Discussion Questions (right) to start applying the Scripture to your lives.

**Step 3:** Take the Memory Verse Challenge and complete the family activity (back) to be encouraged through encouraging one another!

## Building One Another Up

Military family life often means long goodbyes, new places, and carrying responsibilities that feel heavy. In 1 Thessalonians 5:11–13, Paul reminds believers to encourage one another, build each other up, and show respect and gratitude for those who serve and lead with care.

Encouragement is more than kind words—it's choosing to notice when someone is tired, lonely, or overwhelmed, and stepping in with loving action. For military families, this might look like writing a letter, offering help to a new family, or praying for a leader who carries tremendous responsibility.

God knows that strong communities don't happen by accident. They grow when we value one another, speak life into each other's struggles, and honor those who serve faithfully—at home, in uniform, and in leadership.

As you prayerfully consider who might need encouragement today, remember: your words can strengthen hearts, remind others that they are not alone, and reflect God's steady care.

Even small messages can make a lasting difference when they are filled with faith, gratitude, and love.

## Family Discussion Questions

### Eagle Squad

- How do you feel when someone says kind words to you?
- When we encourage others, does it make God happy? Why do you think so?

### JV Squad

- Have you ever felt encouraged by someone else? How did that change your day or attitude?
- Why do you think God asks us to respect and appreciate people who serve and lead others?

### Varsity Squad

- How can our words either strengthen or discourage someone during stressful seasons like deployments or moves?
- What might stop teens from encouraging others, and how can you push past those barriers?



## Don't Forget!

Have you checked out our **Digital Resource Library** yet? Just scan the QR code with your phone to access it.

There you will find all of our Hero Squad children's devotionals and family activities available for download. Check it out today for Bible-based fun on the go!

